

# Now Offering

## *Therapeutic and Relaxation Massage*

By Amy Edgington, LMT

For appointment please call  
Amy at 419-222-6622 ext. 3400



Amy is a graduate of Spencerville HS and Dayton School of Medical Massage. She is licensed by the State of Ohio and is a member of the American Massage Therapy Association.

# Massage Therapy Now At ORTHOPAEDIC INSTITUTE OF OHIO



## Therapeutic & Relaxation Massage Therapeutic & Relaxation Massage

Sports or work-related injuries.

Muscular-Skeletal problems - spinal, cranial and neck/shoulder problems.

Back, Lumbar and Thoracic areas.

Shoulder ,Elbow , Wrist and Carpal-Tunnel.

Stress and tension related conditions

Asthma, Hay fever and chest symptoms

Accidents and Sports Injuries.

Faster recovery from acute injury .

Increased flexibility and range of motion

Improved circulation

Relief from fatigue

Reduced muscular tension, cramping and inflammation.

Stress Relief- Restoration of self-healing

